

Music: May 11-15

Body Percussion

Body percussion is a fun way to use your body to create rhythms and a cool beat. Body percussion is based on fun repeated patterns that make a cool sound. Anyone can have fun with body percussion by learning new patterns and creating their own.

Give it a try!

Challenge 1 - Beginner - Jump Clap Manamana Clap

<https://www.youtube.com/watch?v=QOh1P1ZcTaU&list=RDsW2DY1OpgrI&index=2>

Challenge 2 - Beginner - Cool Pattern to Practice

<https://www.youtube.com/watch?v=1pVHFfNI3dE>

Challenge 2 - Intermediate - Stomp Stomp Clap 12345 Clap





<https://www.youtube.com/watch?v=sW2DY1OpgrI&list=RDsW2DY1OpgrI&index=1>

Create your own body percussion pattern:

Examples:

ta	ta	ti ti	ta
clap	stomp	snap	stomp

OR

			
shoulder	clap	stomp	clap

Name: _____

Extension: Try doing the pattern with a song you know/like.

Enjoy!

- If you have questions – please email me at srobinson@saanichschool.ca
- I am available Mondays – 9 a.m. – 11:14 a.m. and Tuesdays 8:35 a.m. – 1:30 p.m.

Mrs. Robinson