



# Remembering to PLAY

## Remembering to Play – Inspiring Joy, Freedom & Self-Care

Play is the language of children, and it is the vehicle through which they learn and understand our world. To educate and support children, we must learn to speak their language by remembering to play ourselves. Remembering to Play is a fun and interactive playshop that supports you to remember the wisdom of a child’s mindset and the importance of levity and joyful authentic expression as cornerstones for educating and healthy, productive living. Benefits include: exploring the principle of Yes and as a means of creatively engaging and being receptive to others, being present, open and flexible, looking for possibilities and expanding creativity, illuminating limiting beliefs and assumptions, self-care, learning fun games for children, and much, much more!



Vince Gowmon is the founder of Remembering to Play Events, and the author of *Let the Fire Burn ~ Nurturing the Creative Spirit of Children*. He leads keynotes, playshops and webinars for organizations, conferences and communities on topics such as Leadership, Communication, Creativity, Community Engagement and Play. His events are fun and interactive, leaving people inspired and with practical tools for work and life. He also provides individual, relationship and team coaching in person, on the phone and via Skype on all personal and professional matters.

### TUESDAY MARCH 8th 2016— TWO SCHEDULED SESSIONS:

#### Session One:

LTS Cultural Building  
7449 West Saanich Rd  
12:00pm– 4:30pm  
Lunch provided

#### Session Two:

Tsawout Auditorium  
7728 Tetayut Rd  
5:00pm– 9:30pm  
Dinner Provided

- ◆ Transportation available (please request when you register)
- ◆ Child minding honorariums (provide name of child minder by March 4th)
- ◆ Door Prizes
- ◆ Limited space

If you need transportation, please register by Friday March 4th.

For more information, or to register, please contact NILTU,O Child and Family Services

Email: [cshackelly@niltuo.ca](mailto:cshackelly@niltuo.ca) Phone: 250-544-1400 ext. 242