



**BRENTWOOD ELEMENTARY**  
7085 Wallace Drive  
Brentwood Bay, B. C. V8M 1P9  
Telephone: (250) 652-3996

April 25, 2014

Dear Parents/Guardians:

Each year students in grades K to 5 receive instruction in Family Life. Dealing with the physical, emotional and social changes of young people, this course is taught throughout the school district and is included in the Personal Development component of Personal Planning, K – 7 (Provincial Curriculum). From time to time, and with adjustments for age, Brentwood Elementary has also brought in presenters to address this area with all of our students.

As part of its ‘Speakers Series,’ our Parent Advisory Council (PAC) booked a presentation for parents by Saleema Noon. Saleema is a well-known sexual health educator who has previously spoken at Brentwood Elementary School. There will be an evening presentation for parents followed by class sessions (Gr. 2 to 5) the following day.

**\*\*PARENT PRESENTATION ON SEXUAL HEALTH\*\***

with Ms. Saleema Noon

Date: Monday, April 28, 2014

Time: 6:30 – 8:00 p.m. Multi Purpose Room

**\*\*CLASS PRESENTATIONS ON SEXUAL HEALTH\*\***

(GR. 2 - 5)

Date: Tuesday, April 29, 2014

**Please see over for Topics of Discussion:**

**APRIL 28<sup>th</sup> (6:30pm-8:00pm) - PARENTS' SESSION**

- Reasons why we need to talk to children about sexual health at a young age
- 5 stages of sexual development children progress through on their way to becoming sexually mature adults
- What children should know at each stage, with specific examples of ways to explain body parts and processes
- How to provide information to children in a way they will understand and remember (and minimize embarrassment for the parent!)
- How to effectively answer the questions children ask
- How to reduce risk of child sexual abuse
- What will be covered in Body Science sessions for students

Time for open discussion and questions will be included and we will bring a display of books and other resources.

**APRI 29<sup>th</sup> - INDIVIDUAL CLASS SESSIONS INCLUDE:**

**Individual Class Sessions Include:**

- Scientific words related to sexual health
- That reproduction usually happens when a man's sperm joins a woman's ovum by sexual intercourse, but that there are many different ways that families are formed. All families are unique.
- That they have ownership of their bodies
- That the baby grows in the uterus (not the stomach)
- That the baby is usually born through the vagina
- Not to pick up condoms or needles

**Grades 2 and 3 sessions:**

Everything above, plus:

- The basics about menstruation and nocturnal emissions (wet dreams) as clean and healthy processes

**Grades 4 and 5 sessions:**

Everything above, plus:

- All about physical and emotional changes at puberty
- The responsibilities that come with the decision to be in a sexual relationship
- Basic information about sexually transmitted infections (STIs)

It is understood that not all families may feel comfortable with the notion of Family Life Education, and School District #63 (Saanich) allows a student and his or her parents to "opt for alternative delivery of sensitive material contained in the Personal Development component of Personal Planning K to 7. For the same reason, we understand that some parents may not wish to have their children attend the student sessions with Ms. Noon. If, however, you remain uncomfortable after attending the parent session and **do not wish your child to attend the classroom sessions**, we ask that you notify our office as soon as possible. Alternative placement will be made for your child.

Sincerely,

Shelley Hardcastle  
Principal